

Pirámide alimenticia

- La Pirámide de Alimentos para una Alimentación Saludable
- 1º Nivel: Pan, Cereales, Arroz y Pastas.
- 2º Nivel: Frutas y Hortalizas.
- 3º Nivel: Carnes y Pescados, Lácteos, Huevos y Legumbres.
- 4º Nivel: Aceites y Grasas.
- 5º Nivel: Azúcares.



< Efectos de transición

Sutil



Ning...



Trans...



Desv...



Empu...



Barrido



Dividir



Mostr...



Corte



Barra...



Forma



Revelar



Cubrir



PIRÂMIDE ALIMENTÍCIA

The diagram is a food pyramid with seven levels. The top level contains butter and chocolate. The second level contains cheese, eggs, and milk. The third level contains various vegetables like broccoli, carrots, and tomatoes. The fourth level contains bread, a hard-boiled egg, and cereal. The fifth level contains an orange, a water bottle, a tomato, and a red square. The sixth and seventh levels are empty. The pyramid is labeled 'PIRÂMIDE ALIMENTÍCIA' at the top.